

# Navigating College Together

Struggling with stress, anxiety,  
or feeling overwhelmed by  
college life?

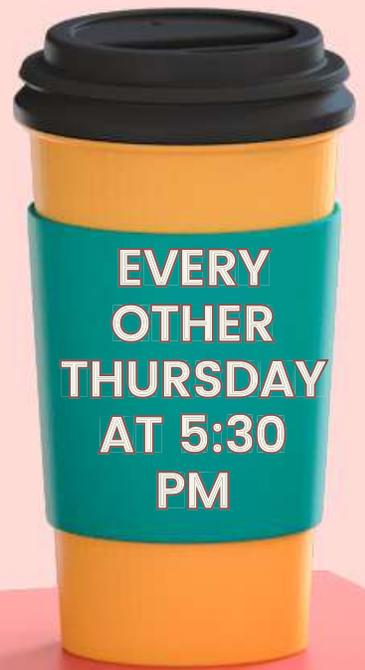
**You're not alone.**

Join our bi-weekly, in-person\*  
support group led by  
Paula Freeman, LCSW  
as we explore the challenges  
of being a college student —  
together.

**CALL:  
630-577-1577  
\$25 SELF PAY  
OR BILLED TO  
INSURANCE.**



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\*virtual option starting in September